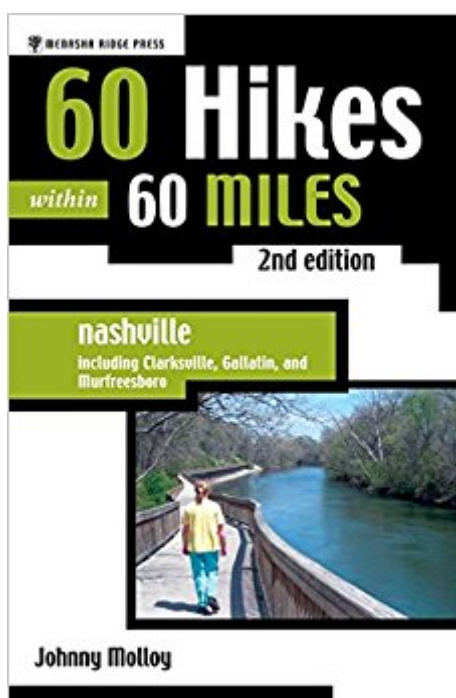


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60 Hikes Within 60 Miles: Nashville: Including Clarksville, Gallatin, And Murfreesboro



Synopsis

Nashville is best known as the capital of country music, but located in the Cumberland River Valley surrounded by hills of the Highland Rim, the city is also home to a great variety of hiking trails. With five new hikes and updated text, the new edition of 60 Hikes within 60 Miles: Nashville gives outdoor enthusiasts plenty of hikes to choose from throughout middle Tennessee. From historical hikes such as the Gordon House and Ferry Site Walk and the Confederate Earthworks Walk to great recreational trails like the Anderson Fitness Trail and the Couchville Lake Loop, hikers of all ages and fitness levels will find a trail to their liking within a short drive from home.

Book Information

Series: 60 Hikes within 60 Miles

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Customer Reviews

“To help take the sweat out of finding a trail near you buy one of the 60 Hikes Within 60 Miles guidebooks.”
• Newsweek (praise for the series)

It’s time to take a hike! Nashville residents grab your boots and get outside! Using clear and entertaining narrative, the revised and updated new edition of 60 Hikes within 60 Miles: Nashville eliminates doubts about where to hike and what to expect when you get to the trailhead. To locate and assess the best hikes within a 60-mile radius of the Nashville area, this guide is indispensable. 60 Hikes within 60 Miles: Nashville blows the lid off the myth that you can’t have a great trek close to home. The Music City may be an ever-expanding metropolis, but there are still plenty of thrilling hiking options. Choose among short and long hikes, hikes for children,

hikes for dogs, hikes for wildflowers and for waterfalls, historic and scenic hikes, and many others. Trail Descriptions allow you to assess each trail before you hike it. GPS-Based Trail Maps provide you with accurate trail information. Trail Profiles help you visualize altitude gain and loss. Directions and UTM coordinates lead you to the trailheads. Whether you live in Nashville, Clarksville, Gallatin, or Murfreesboro, *60 Hikes within 60 Miles: Nashville* provides you with the information you need to choose the perfect day hike in your area, including trail lengths, hiking times, and trail difficulty. So lace up those shoes or boots, sling that daypack, and hit the trail!

This is my go-to guidebook for the Nashville area. It's helped me discover a plethora of good hikes in Middle Tennessee. I'm pleased to say that I've done every hike listed in this book, and I have found this book to be authoritative and accurate with an excellent survey of trails. Certainly every hike listed isn't destined to be a favorite, but there are some real gems here and none that are truly dogs (with the possible exception of the frequently flooded, poorly laid out, and eternally littered Twin Forks Trail, barely redeemed by a couple nice river rock formations). Molloy's text adds enjoyment to my hiking. He gives historical, ecological, and local information for the hikes in addition to trail features and directions. The text is well-written and directions are easy to follow, though not quite as clear as the typical Falcon guide presentation of a list of mileages and features. GPS trailhead coordinates are invaluable. My biggest complaint with this guide (and other guides in the "60 Hikes" series) is that the hikes are listed alphabetically within each region. A more intelligent organization would be to place all the hikes in the same park in a single group, for example, listing all the Long Hunter State Park hikes (Bryant Grove, Couchville Lake, Volunteer Day Loop) together. Having distance and difficulty on the "Hike List" at the front of the book would also be helpful. As other reviewers note, it lacks elevation change data... but hey, this is the hilly country of Middle Tennessee, so there's always elevation change. One could quibble with the definition of 60 miles; some of the outlying hikes really push it! (It's 90 minutes to 2 hours travel time to Fort Donelson or Rock Island State Park; if those make it, why not stretch the limits to include the wonderful hiking at South Cumberland? Granted, the Fort Donelson hikes are fantastic. Rock Island is my favorite state park, but IMO, the Upstream & Downstream Trails are better than Collins River and Eagle Trails). Some reviewers note that there are numerous typos and errors in the text (including some inexplicable errors like things that are spelled correctly in the text but not on the map). Most of these have been corrected in the Third Edition, published in 2010, and trail information has been updated where appropriate. The Third Edition still probably the most egregious error in the book--the coordinates of the Johnsonville State Historic Area Loop (longitude degrees should be 87, not

86). Trails removed from the Second Edition:-Cane Connector Trail (a good hike, but marred by road noise and the ready comparison to other, better Warner Parks hikes)-Cumberland Riverwalk-Rotary Park Loop-Lost Spring Trail (Pretty hike but strenuous and short, and I think the only one where an access fee is required--trailhead is a little dodgy to find as well)-Lowland Trail (I enjoyed this one, though it loses some points for completing the loop via paved and trafficked road) Trails added in the Third Edition:-Metro Center Levee Greenway-Bells Bend Loop-Hidden Lake Double Loop-Jones Mill Trail (what a fun trail!)-Peeler Park Greenway (which I like, but it's very similar to stretches of the Stones River Greenway and the loops at Shelby Bottoms) Also note that the Ashland City Bicentennial Greenway is now listed under its new name, the Cumberland River Bicentennial Trail. My favorites are, in no particular order:-The Radnor Lake trails-Harpeth Woods Trail-The Fort Donelson trails (worth the drive!)-Narrows of the Harpeth-Burns Branch There-And-Back-Barfield Wilderness Loop-Short Springs-Bledsoe Creek (my "home trail" as I grew up in Gallatin)-Millennium Trail (properly the Jack Clayborn Millennium Trail and Merritt Ridge Trail; be prepared for a major challenge!) As a series, Menasha Ridge's "60 Hikes" guides are indispensable for locals and visitors alike, and the Nashville installment does not disappoint.

This book has been great for discovering hiking trails that I was previously not aware of. A strength of this book is the variety of trail lengths, locations, trail surfaces, and typical hiking traffic among the trails. While there are some minor errors in the book, overall 60 Hikes does a good job in fulfilling its purpose. Some particular favorites of mine (that I had been unaware of before) have been the trails in Harpeth River State Park, Long Hunter State Park, and Old Stone Fort State Park. Even the write-ups on familiar trails like those at Radnor Lake State Park give better insight into the trails and their surroundings. Each write-up on a hike includes directions & contact information, a trail map, and commentary on the hike.

This is a definite must have for anyone looking to get out of town for hikes. Although Nashville has some world class greenways and hikes like Radnor Lake and Percy Warner, I'm always looking for something new without having to plan for a grand adventure to South Cumberland or the Smokies. My biggest beef is a poor table of contents. It is not organized in any sort of way to quickly reference the hikes. It would nice to have a mention in the table of contents as to how many miles away, how long is the hike, and difficulty level. Otherwise you need to really flip through to find that info and mark it yourself. Also, a handful of hikes are well over 60 miles and pushing 2 hours of drive time each way like land between the lakes and Nathan Bedford Forest Park. Otherwise it's helped push me

to explore all new places like Percy Priest lake, Montgomery Bell, and hikes around Natchez Trace with much more planned. A good compliment to your Smokies and South Cumberland hike books

This is an awesome book for hikers. I have hiked every trail but one. Great directions and comments. A few of the trails are urban trails but most are "great get out in the woods and explore" nature trails. The trails are rated in difficulty and length.

I actually think this is a great book!!! The only thing is now that we are a family of three, I'm looking for information on how child friendly the hike is and if it's stroller friendly/babywearing friendly. Super helpful on other information.

This informed me of so many more hikes than I knew of but be careful. Some listings are inaccurate, like the hike that says "5 miles" but is really over 7.

I've used this a couple of times now to plan hikes for our co-ed scouting group and just my family. It's a great resource for finding nearby places to hike and gives plenty of helpful information for planning such as parking, fees, trail conditions, finding trail heads, as well as wildlife, etc., that you are likely to see. Really glad I bought it.

The best trail book I've ever seen. Great descriptions without spoiling everything.

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